

# SNAP-Ed and Perry County Health Department Adult Cooking Classes

## LEARN TO:

**Prepare delicious, new recipes in a fun atmosphere**

**Get your family excited about healthy eating**

**Buy healthy food on a budget**

**Receive a guide with delicious, low-cost, family friendly recipes and kitchen supplies**

**SIGN UP TODAY FOR FREE VIRTUAL COOKING CLASSES!**

**DATE: Tuesdays Oct 5, 12, 19 and 26th**

**Time: 4:00pm—5:30pm**

**Location: Virtual-Zoom Classes**

**RSVP: OSU Extension—Perry County**

**Phone: 740-743-1602**

**Email: [walker.1975@osu.edu](mailto:walker.1975@osu.edu)**



Can't make this course but want to participate in the future? Call 740-743-1602  
This course is FREE and open to adults 18 and over and for individuals on Food Assistant Programs such as SNAP-Ed, WIC, Soup Kitchens, etc.



**Public Health**  
Prevent. Promote. Protect.  
**Perry County**  
Health Department



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**THE OHIO STATE UNIVERSITY**

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